

PLAYBOOK *for* DRUGFREESG CHAMPIONS

Your guide for a #DrugFreeSG

HOW TO USE THIS RESOURCE KIT

The global drug landscape presents us with societal challenges, impacting individuals and communities with health risks, family issues, and public safety concerns. It is crucial to raise awareness, particularly about the vulnerability of youths to drug abuse, and to implement early education and outreach programmes to equip them with resilience and knowledge.

Partners like yourselves are essential in engaging and safeguarding our youth against the harms of drugs. You play a crucial role in advocating a drug-free Singapore, fostering meaningful conversations on drug-related issues, creating a protective environment for youths, and strengthen community resilience against drugs.

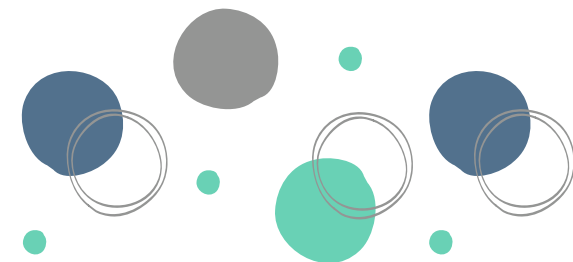
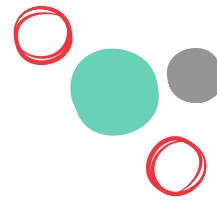
This resource kit, comprising a video and a deck of presentation slides, is designed to empower you with the knowledge and tools to help you share within your organisation and spheres of influence what you, as an advocate can do to help Singapore remain drug-free.

**Brought to you by
Inter-Ministry Committee on Drug Prevention for Youths**

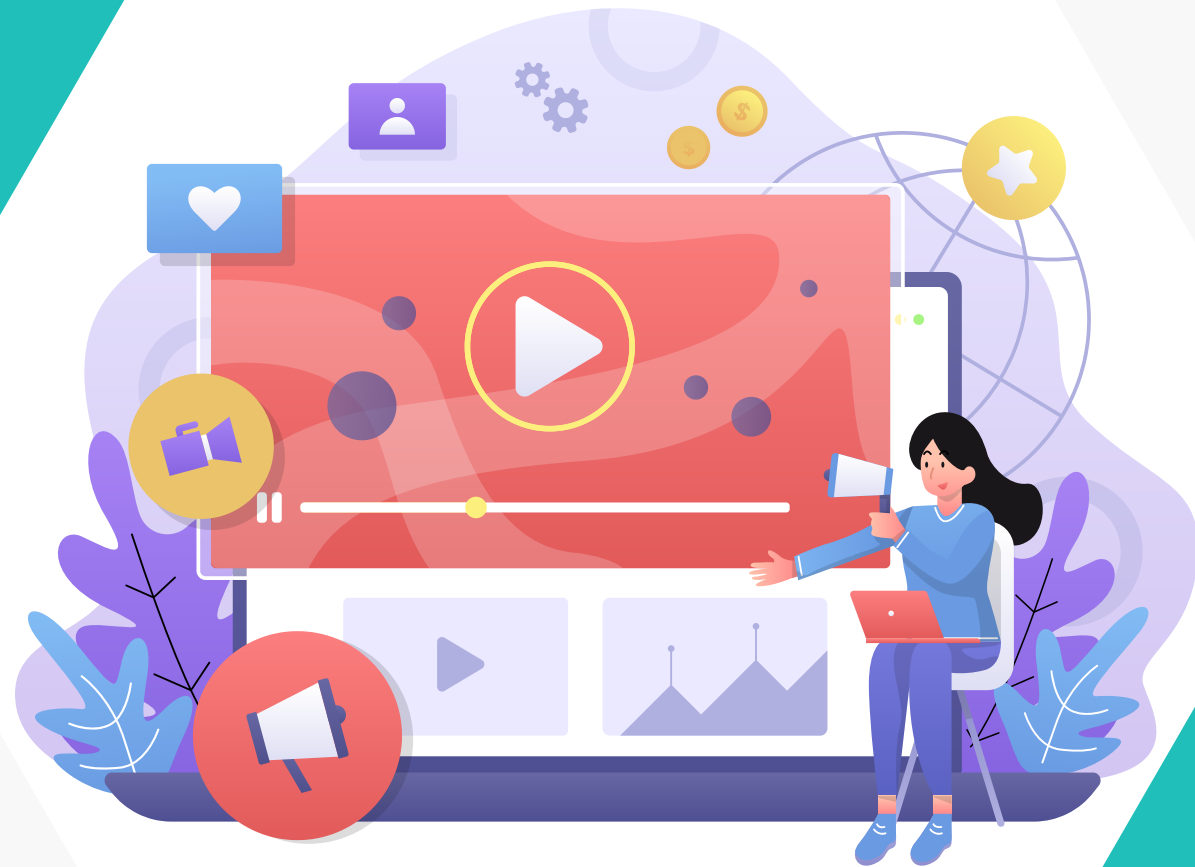





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USING THE VIDEO



-  The video, adapted from Minister's Dialogue with DrugFreeSG Champions, provides a comprehensive overview of the complex issues surrounding global drug challenges and Singapore's drug control policy.
-  Watch the video to deepen your understanding of drug related issues.
-  To access the video, kindly send your request along with your full name and agency/organisation to CNB_Community_Partnership@cnb.gov.sg.

USING THE DECK



The presentation slides are designed to support your understanding of the video content, offering a structured overview.



The slides include video clips and visuals that you can adapt as needed to facilitate discussion.



To access the deck, kindly send your request along with your full name and agency/organisation to CNB_Community_Partnership@cnb.gov.sg.



3 BROAD TOPICS

There are 3 broad topics and 11 chapters that you can plug and play to suit your needs.

- 1 Understanding The Impact of Drugs
- 2 Cannabis Legalisation & Industry
- 3 Singapore's Drug Control Policy



3 BROAD TOPICS

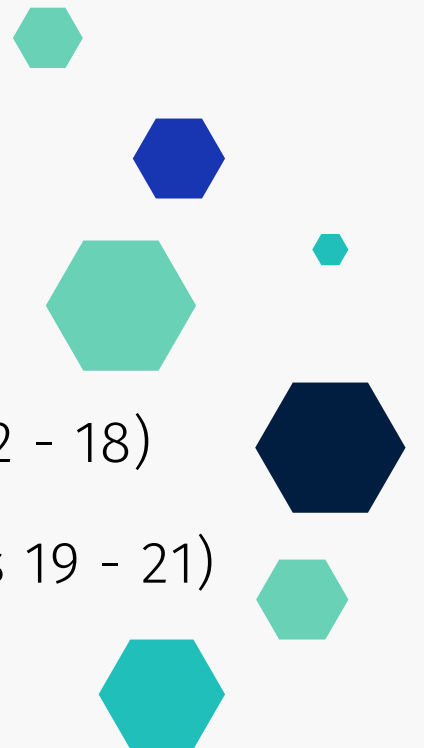


1 UNDERSTANDING THE IMPACT OF DRUGS

Gain insights into the global perspective on drug abuse and examine its effects on life expectancy in regions like Europe, the U.S., and South America. Dive into its broader implications for economies, societies, and public health, including its impact on families, children, and newborns. We will also look at the implications of drug decriminalisation in the U.S., assessing its effects on public health, criminal justice, and societal norms.

CHAPTERS

- 1)** Impact of Drug Abuse on Life Expectancy (00:53 , Slide 2)
- 2)** Global Impact of Drugs (02:19, Slides 3 - 11)
- 3)** Impact of Drugs on Families and Children (11:03, Slides 12 - 18)
- 4)** Impact of Drug Decriminalisation in the U.S. (14:23, Slides 19 - 21)



3 BROAD TOPICS

2 CANNABIS LEGALISATION & INDUSTRY

Learn from recent findings on the detrimental effects of cannabis on mental health and brain structure as we navigate through the complex debate surrounding its legalisation. This includes contrasting the profit motives of tobacco and alcohol industries with public health considerations in the context of cannabis. Lastly, examine the societal impacts of cannabis decriminalisation in Thailand, gaining insights into diverse regulatory strategies and their consequences.

CHAPTERS

- 5) Negative Effects of Cannabis on Mental Health and Brain Structure (21:27, Slides 22 - 24)
- 6) Profit Motives of Tobacco and Alcohol Industries v.s. Concerns Over Cannabis Legalisation (22:11, Slides 25 - 26)
- 7) Impact of Cannabis Decriminalisation in Thailand (23:29, Slides 27 - 28)



3 BROAD TOPICS



3 SINGAPORE'S DRUG CONTROL POLICY

Look into Singapore's firm drug control policy amidst evolving global trends and understand the rationale behind Singapore's approach to drug control, emphasising its effects on law enforcement and public safety. Gain insights into the effectiveness of Singapore's use of the death penalty as a deterrent in drug enforcements.

CHAPTERS

- 8)** Singapore's Firm Drug Control Policy amidst Global Trends (28:10, Slide 29)
- 9)** Singapore's Approach to Drug Control (30:45, Slides 30 - 34)
- 10)** Effectiveness of Death Penalty in Singapore's Drug Enforcement (34:08, Slides 35 - 40)
- 11)** Singapore's Approach to Drug Enforcement and Public Safety (39:05, Slides 41 - 42)



YOU HAVE THE POWER TO IMPACT OUR YOUTHS!

Use these resources within your organisation and spheres of influence to **facilitate a deeper exploration of the essential topics** and **initiate meaningful conversations on drug awareness and prevention strategies** for your audience.

Consider practical initiatives that can be undertaken, based on the insights gained from these resources, such as:

- Conduct sessions within your network to discuss and raise awareness about the impact of drugs.
- Develop informational materials such as posters and brochures for youth and community outreach.
- Actively engaging youths in discussions about drugs.
- Come up with ground-up initiatives within the youth community to support the fight against drugs.

